



# 2024: MY YEAR OF PROGRESS

Name \_\_\_\_\_ Date \_\_\_\_\_

Review dates \_\_\_\_\_

## MY PURPOSE AND OVERALL DIRECTION IN LIFE

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**MY HEALTH & WELLBEING**

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**MY FAMILY LIFE**

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**MY WORK, CAREER, JOB & RELATED RESPONSIBILITIES & ACTIVITIES**

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**MY FINANCES, ASSETS, POSSESSIONS & HOME**

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**WHAT I WANT TO CHANGE – e.g. IN MYSELF, IN MY COMMUNITY, MY WORLD**

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**MY HOPES, PLANS, THOUGHTS FOR 2024, 2025, 2026**

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